

Emergency Hotlines for...

If you need emergency assistance for a child or adolescent who is at risk of hurting themselves or others, please call the CARES Line: (800) 345-9049 to be connected to youth mental health services.

Rape and Sexual Assault (888) 293-2080

Domestic Violence (877) 863-6338

National Runaway Switchboard (800) 786-2929

Suicide Prevention (800) 273-8255

In Chicago, dial 911 in an emergency and 311 for other social services

Mental Health is a vital part of your overall health and well-being.
Trust your instincts.
Ask for help when you need it.

The Mission of Roots to Wellness:

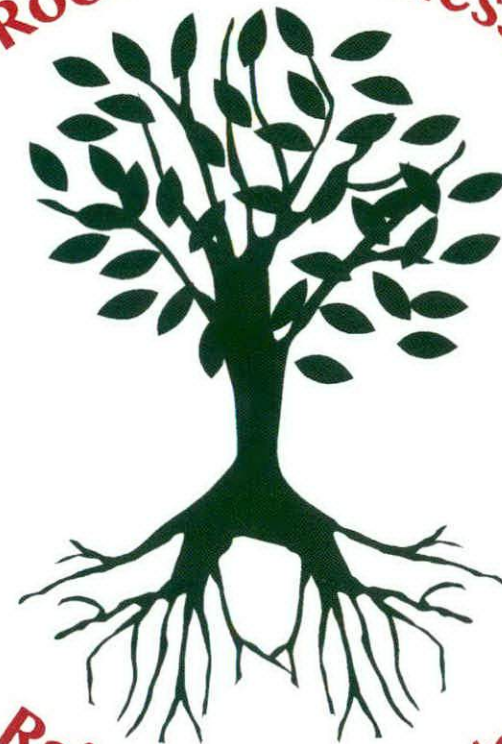
Roots to Wellness creates a space for providers to come together and to advocate, inform, and increase access to mental health services for the residents of Little Village and surrounding areas

For more information about Roots to Wellness,
Call (847) 347-3828
www.rootstowellness.org

Roots to Wellness Resource Guide

*Mental Health in Little Village and
Its Surrounding Areas*

Roots to Wellness



Raices al Bienestar

www.rootstowellness.org

Counseling Services for...

Adults

Saint Anthony Hospital: Community Wellness Program
2826 W. Cermak Rd.
Chicago, IL 60623
(773) 523-5079 Extension 112

Esperanza Health Center
2001 S. California Ave.
Chicago, IL 60608
(773) 584-6200

Mount Sinai Hospital
2653 W. Ogden Ave.
Chicago, IL 60608

Children and Adolescents

Mount Sinai Child and Adolescent Behavioral Health Center
15th and S. California Ave.
Chicago, IL 60608
(773) 257-4750

Psychiatric Medication

Jorge Prieto Health Center
2424 S. Pulaski Ave.
Chicago, IL 60623
(773) 521-0750

Post-Partum Depression

Healthcare Alternative Systems (H.A.S.)
4534 S. Western Ave.
Chicago, IL 60609
(773) 292-4242
(Also offers drug and alcohol abuse services)

HIV/AIDS

Project VIDA
2659 S. Kedvale Ave.
Chicago, IL 60623
(773) 277-2291

Wellness Resources in the Community...

Domestic Violence

Mujeres Latinas en Acción
2124 W. 21st Pl.
Chicago, IL 60608
(773) 890-7676
Emergency Line: (312) 738-5358

Rainbow House
4149 W. 26th St.
Chicago, IL 60623
(773) 521-1815

Alivio Medical Center
2355 S. Western Ave.
Chicago, IL 60608
(773) 650-1201
(Also offers counseling)

Heartland Alliance
2106 W. 35th St.
Chicago, IL 60609
(773) 847-4417
(Also offers counseling for all ages)

St. Pius V Church
1919 S. Ashland Ave.
Chicago, IL 60608
(312) 226-6161
(Also offers counseling for children and adolescents)

Substance Abuse

Pilsen Wellness Center
2015 W. Cermak Rd.
Chicago, IL 60608
(773) 277-3413
(Also offers various other mental health services)

Violence Prevention and Victim Support

Enlace Chicago
2329 South Troy Ave.
Chicago, IL 60623
(773) 823-1062

Cook County State's Attorney's Office
2650 S. California Ave., 1st Floor
Chicago, IL 60608
(773) 674-7200
(Support group for victims of homicide)